

- Helping you understand Depression
- Teaching you how to support someone suffering from Depression
- Practical Suggestions if you have Depression

A 2 Hour Presentation

A Condensed 1 Hour Version was broadcasted in 4 parts on
 The Rock: 98.5 FM Yorkton, SK: one part each Sunday from 01/22/2017
 to 02/12/2017. All 4 parts are accessible in a single 1 hour download at
<http://www.jamesthepadre.com/4-7.mp3>

Shares How James' Illness Effected Her & Their Family



BettyAnn Regehr

Shares Lessons She Learned About How To Support A Spouse With Depression

Marrried To James For Over 30 Year!

No matter what the question is like answer is probably _____



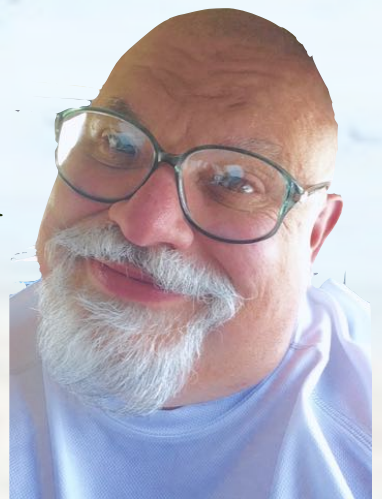
James is partnered with a Service Dog who accompanies him at all times

I May BE CRAZY BUT I'M NOT STUPID

James' personal battle with severe depression

Mental Health

Ordination: North American Baptist Conference: 1994



Rev. Dr. James Regehr

Psychiatric Patient (never hospitalized)

Ph.D. in Biblical Studies: Cambridge Graduate School: 2000